



Every child deserves  
a place to dream.



A Bed and A Book



# 2-3%

**OF CHILDREN IN AMERICA  
CURRENTLY SLEEP ON THE FLOOR.**

## Give them a safe space to lay their heads.

Tomorrow, many of them will wake up and go to school tired. A lack of sleep during these critical points of development carries an emotional and physical impact that lasts beyond childhood.

A Bed and A Book is on a mission to create safe and enriching environments where every child can dream.

## Building community, one bed at a time.

**We provide clean, comfortable, age appropriate beds and books to children ages 0 to 18.**

We work with professional referring agencies to identify the families most in need, then deliver twin-sized beds complete with new mattresses, sheet sets, comforters, and pillows to their home. Thanks to our partners at Bookmarks, children also receive 2-3 books that can transport them to other worlds as they drift off to sleep.

Our team of volunteers build and deliver the beds to the families' homes, and are often accompanied by special guests such as college sports teams, law enforcement, or even the mayor—turning every delivery day into a celebration.





# 2-3%

OF CHILDREN IN AMERICA  
CURRENTLY SLEEP ON THE FLOOR.

## Give them a safe space to lay their heads.

Tomorrow, many of them will wake up and go to school tired. A lack of sleep during these critical points of development carries an emotional and physical impact that lasts beyond childhood.

A Bed and A Book is on a mission to create safe and enriching environments where every child can dream.

### HOW TO HELP

# Help us turn the dream of a good night's sleep into a reality.

## Corporate

### SPONSORSHIP

Step out of the office and give back with one of our team-building Build-A-Bed days. Work together to assemble beds for the children in our community.

☆ **\$5,000**

#### BUILD-A-BED DAY

- Builds 10 bunk beds (20 twin beds)
- Provides 20 mattresses and complete bedding sets
- Lunch provided
- Custom t-shirts for team members

☆ **\$2,500**

#### BUILD-A-BED DAY

- Builds 5 bunk beds (10 twin beds)
- Provides 10 mattresses and complete bedding sets
- Lunch provided
- Custom t-shirts for team members

## Donation

### PACKAGES

Your donations help a child in our community create a space of their own. All bedding is brand new, and tailored to the recipient's age and interest.

☾ **\$380**

#### A BED AND A BOOK™ PACKAGE

- New twin bed
- New mattress
- A bed kit

☾ **\$45**

#### A BED KIT

- Pillow
- Sheet set
- Comforter

☾ **\$15/MO**

#### A YEAR OF READING

- One-year supply of books from Bookmarks for up to 6 families

## Contact us

**We can supply around 100 beds a year,  
but we need your support.**

We are reliant on the financial and volunteer support of our community. Every single dollar goes to providing beds and books for families in need.



**To contact us, send an email to  
[abedandabook@gmail.com](mailto:abedandabook@gmail.com).**



**To donate or learn more  
about our mission, please visit  
[abedandabook.com](http://abedandabook.com)**