

Mount Airian THE ROTARIAN

January 2017

Virginia Foxx Visits Mt. Airy



Virginia Foxx recounts the issues at hand for her office.

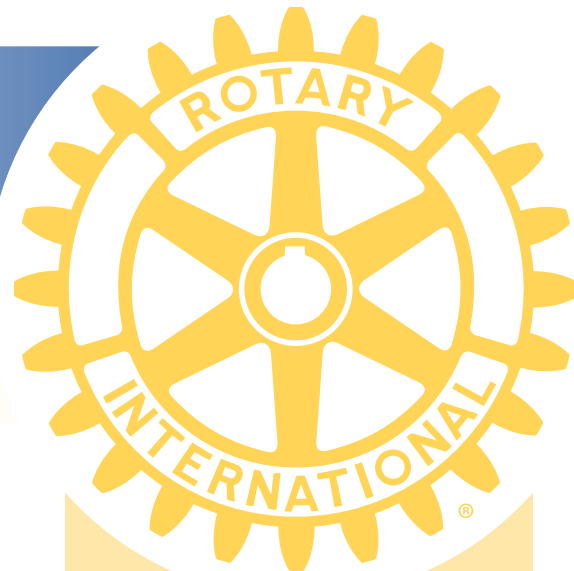
Virginia Foxx took time out of her busy 2 days in the area to visit with Rotarians and explain some of the new health care changes that will be up for discussion in Washington.

She also took time to answer questions from the club and explain the upcoming events that would be taking place for the inauguration.

Earlier in the meeting the club enjoying hearing about the Rotary Exchange which Doug and Amanda Yarboro experienced in Finland in 2016.



Amanda Yarboro (R) presents a Rotary banner to President Lenise Lynch



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**2016-2017
THEME:
ROTARY SERVING
HUMANITY**



Rotary Recap

Mayor Steve Sciascia "Talk It Out" and Be Aware



Above, Rotarian Betty Hamm, President Lenise Lynch, Mayor Sciascia, and Rotarian Greg Perkins talk more about "Talk It Out" after the Rotary meeting had concluded.

Mayor Steve Sciascia was invited to speak to Rotarians on the importance of talking to teens about under age drinking.

He has served two terms on Harrisburg Town Council from 2006-2013. Steve has been in information technology and banking for 25 years and is currently with BOA as operational risk manager for financial crimes.

After devoting extensive time and effort to support "Talk It Out", an initiative to prevent underage drinking, he was recognized for his efforts with the Order of the Long Leaf Pine, the highest honor bestowed on North Carolinians by the Governor.

Mayor Sciascia told his story about how underage drinking has impacted the life of his family and he also shared some of the Talk It Out programs he has been involved in.

Paige Cartledge

Read Grocery Labels to help with Diabetic Care



Paige explains how sugars are broken down on a daily basis.

Paige Cartledge, Diabetic Care Coordinator with Northern Medical Group, returned to speak to the Rotary club to explain in more detail how to read food labels so that a person can make healthier choices when selecting groceries.

Darrell Garner

Helpful Advice



Mr. Garner talks with Aaron Routh after the meeting.

Mr. Garner shared what mental health is and how it is defined, and compared mental health to an iceberg. "What you don't see can be the problems." Mr. Garner stated.

Mr. Darrell T Garner, LCSW, is a Clinical Social Worker specialist in Mount Airy, North Carolina. He attended and graduated from University Of North Carolina At Chapel Hill School Of Medicine in 1980, having over 37 years of diverse experience, especially in Clinical Social Worker.

Rotary Recap

A rea S chools S hare Christmas M usic



MCA

MAHS

Millennium Charter Academy and Mount Airy High School visited Rotary during the holiday season to provide a bit of holiday spirit to the lunch meeting. Everyone enjoyed the music and look forward to what has become a tradition for the Noon club.



Time to Read at Tharrington and FI at Rock!

Mark your calendars! The next volunteer opportunities to assist with the reading programs at the local elementary schools are:

**Wednesday, February 15, @ Tharrington
and
Friday, February 17 @ Flat Rock**

The sign up sheets will be available at the Tuesday Rotary meeting, February 7.



MEMBERSHIP ROSTER

ROTARIAN	SPOUSE	ROTARIAN	SPOUSE	ROTARIAN	SPOUSE
■ ■ ■ Faith Ashby	Ted	■ ■ ■ Derek Higgs	Mary	■ ■ ■ Gray Parker	Sandra
■ ■ ■ Ted Ashby	Faith	■ ■ ■ Jan Frye Hill		■ ■ ■ T.J. Payne	Sharon
■ ■ ■ Paul Belk	Cecelia	■ ■ ■ Eric Hodges		■ ■ ■ Loida Pereira Slate	Les
■ ■ ■ Sue Brownfield		■ ■ ■ Bill Holcomb		■ ■ ■ Greg Perkins	Julie
■ ■ ■ Carol Burke		■ ■ ■ Sandra Hurley	Will	■ ■ ■ Jim Petelle	Ann
■ ■ ■ Blake Cheek		■ ■ ■ Joan Inman	Bill	■ ■ ■ John Philips	Tina
■ ■ ■ Nelson Clark	Lisa	■ ■ ■ David Jessup		■ ■ ■ Christina Plitt	Randy
■ ■ ■ John Collins	Bobbie	■ ■ ■ Alison Johnson		■ ■ ■ Zane Poindexter	Lori
■ ■ ■ Gary Cook	MaryAnn	■ ■ ■ Amy Johnson		■ ■ ■ Gene Rees	Peggy
■ ■ ■ Ben Cooke	Lone	■ ■ ■ Dick Johnson		■ ■ ■ Travis Reeves	Leslie
■ ■ ■ Lone Cooke	Ben	■ ■ ■ Laney Johnson		■ ■ ■ Burke Robertson	Carolyn
■ ■ ■ Jerry Cox		■ ■ ■ Sheila Jones	Clark	■ ■ ■ Aaron Routh	Lee Ann
■ ■ ■ Beckie Derrick	James	■ ■ ■ Mary Kilby	Bud	■ ■ ■ Candace Sammons	Macon
■ ■ ■ Nancy Dixon	David	■ ■ ■ Ken Klamfoth	Ann	■ ■ ■ Macon Sammons	Candace
■ ■ ■ Dale Draughn		■ ■ ■ Ashly Lancaster	Justin	■ ■ ■ Colt Simmons	Ashley
■ ■ ■ Cathy Eckenrod	Skip	■ ■ ■ Van Lankford	Ann	■ ■ ■ P.J. Snow	Joy
■ ■ ■ Brenda Edwards	Allen	■ ■ ■ Curtis Largen	Lauren	■ ■ ■ Cathy Stevens	Mark
■ ■ ■ Matthew Edwards	Glenda	■ ■ ■ Lee Lawson	Kevin	■ ■ ■ Sherry Speight	George
■ ■ ■ Regina Edwards		■ ■ ■ Jan Legere	Laurie	■ ■ ■ Ann Vaughn	Tom
■ ■ ■ Tom Fawcett	Mary	■ ■ ■ Jim Lewis	Teresa	■ ■ ■ Casey Vedder	
■ ■ ■ Fred Folger		■ ■ ■ Peter Lydens	Linda Wright	■ ■ ■ Dale Watson	Celena
■ ■ ■ Laurie Forbes		■ ■ ■ Lenise Lynch		■ ■ ■ Anne Webb	Tom
■ ■ ■ Marion Goldwasser	Michael	■ ■ ■ Barbi Manchester		■ ■ ■ Travis Wilmoth	Jera
■ ■ ■ Jim Grimes		■ ■ ■ Kirby McCrary	Tammy	■ ■ ■ Betty Wright	
■ ■ ■ Ken Gulaian	Kari	■ ■ ■ Robert Meinecke	Judy	■ ■ ■ Amanda Yarboro	Doug
■ ■ ■ Betty Hamm		■ ■ ■ Ray Milian		■ ■ ■ Doug Yarboro	Amanda
■ ■ ■ Barbara Haynes		■ ■ ■ Bob Moody	Kathy	■ ■ ■ Steve Yokeley	Ann
		■ ■ ■ Britta Needham	Jeff		

Key: ■ Past President ■ Board of Directors ■ Paul Harris Fellow

Honorary Members2
 Active Members.....81
 Total Membership..... 83
 Paul Harris Fellow.....59

WEEKLY MEETINGS
 Tuesday, 12:10 pm
 Cross Creek Country Club
 1129 Greenhill Road
 Mount Airy, NC

MAKEUP MEETINGS

Monday.....Stuart, VA Rotary Park6:30 pm
 Tuesday.....Winston-Salem Benton Conv. Ctr.....12:30 pm
 Tuesday.....Yadkinville..... Yadkin Cultural Arts Ctr.7:30 am
 Wednesday.....Yadkin-Valley..... Fairfield Inn7:45 am
 Wednesday..... Surry Sunrise..... Holiday Inn7:30 am
 Wednesday.....Galax, VA Prime Sirloin.....Noon
 Thursday.....Hillsville, VA Shoney’s Restaurant.....Noon
 Thursday.....King PB Clarks.....7:00 am
 Friday.....Reynolda Winston-Salem Col..... 12:30 pm

**OFFICERS
 2016-2017**

Lenise Lynch
President
Jim Lewis
President Elect
Cathy Stevens
Secretary
Lee Lawson
Treasurer
Matt Edwards
Past President
Aaron Routh
Sargeant-At-Arms

BOARD MEMBERS
Marion Goldwasser
Barbara Haynes
Mary Kilby
Jim Lewis
Barbi Manchester
Candace Sammons