

# THE Mount Airian ROTARIAN

August, 2010

Editor, Joan Inman



## A MESSAGE FROM PRESIDENT ALTON GAITHER

It is very difficult, indeed, for me to express adequately my appreciation of the honor of being President of the Mount Airy Rotary Club. Yet, I can't help but be very thankful of the past Presidents and Board Members as well as the Membership over the past sixty years for what they have contributed to this organization and what it represents today. The track record shows how you as a Club have come through as a team to promote human kind and up-lift the down trodden or under privileged. We don't expect any less going through this year; we have some specific challenges but nothing we don't know how to get through. Thanks again for the opportunity to serve and thanks for your help past and future. We are looking forward to another great year. In the mean time let's work toward "Building Communities" and "Bridging Continents".

## Marion Goldwasser PAUL HARRIS FELLOW

In 1957 Rotary decided to honor Paul Harris with the Paul Harris Fellowship. In 2010 we honor Marion Goldwasser for her many years of service in our community and to the people of Gulu, Uganda. Marion just returned from a month in Gulu where she met with old friends and visited two Rotary clubs. Through her connections our Rotary Club has been able to repair a water well supplying clean water to the community; build latrines at a school and work together to determine what future sustaining projects can be accomplished. She has visited Gulu twice since joining Rotary, strengthening her connections with old friends and Rotary.

*Thank you Marion for exemplifying Service Above Self*



Marion Goldwasser receives PHF



Marion Goldwasser and Joan Inman

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### LEADING THE WAY

#### OFFICERS 2010-2011

**Alton Gaither**  
*President*  
**Kate Appler**  
*President Elect*  
**Cathy Stevens**  
*Secretary*  
**Marie Wood**  
*Treasurer*  
**Charles Dugger**  
*Sergeant At Arms*  
**Bob Meinecke**  
*Past President*

#### BOARD MEMBERS

**Ann Vaughn**  
**Greg Perkins**  
**Jim Petelle**  
**Steve Lindsley**

# Myasthenia Gravis

When Monroe Donathan asked if he could come speak to Rotary about Myasthenia Gravis I had to Google it. Myasthenia Gravis is an autoimmune neuromuscular disease that weakens the voluntary muscle groups, and Monroe has it. He was diagnosed in 1993, but probably had it three or four years beforehand. Myasthenia Gravis is one of 43 known neuromuscular diseases. It is more common in women under 40 and in men older than 60. It isn't curable, but it is treatable and 1 to 2 people in 15,000 have it. Symptoms include: Blurred or double vision; Slurred speech; Weakness in the arms or legs; Chronic muscle fatigue and difficulty breathing.

For Monroe, taking medicine and resting periodically keeps him fit, moving and working. For more information, go to [www.myasthenia.org](http://www.myasthenia.org).



## Domestic Violence The Ugly Side of Life

The answers to why one person would choose to hurt another, especially someone they vow to love, are many and varied. The consequences are painful - and all too often deadly. So it is within this environment that people like Sarah Carpenter protect and support women whose lives have taken a terrible turn. Mary Sue's Safe Haven opened in 2009, and even in Mayberry we find a need for this oasis of safety. Since its opening, 82 women and children have found refuge. Some have found the courage and strength to get away from their abusers, but for others that step seems too hard to take and they return, again and again. On average a woman will return seven times before the final break is made. These women need encouragement and support to break the cycle. No one deserves to be belittled, tormented, humiliated or hurt.



*Help someone find their way back to living*

**Domestic Violence Hotline : 336-786-7766**  
[marysuesafehaven@yahoo.com](mailto:marysuesafehaven@yahoo.com)

## AUGUST

### *Birthdays & Anniversaries*

August 2 John Haynes  
 August 5 Steve Gross  
 August 6 Nelson Clark  
 August 9 Bucky Holcomb  
 August 10 Vera Reynolds  
 August 14 Pete Lydens  
 August 20 Ted Ashby  
 August 21 Cathy Stevens  
 August 23 Bob Meinecke  
 August 30 Bill Refvem  
 August 30 Peter Cook  
 August 31 Ricky Bowman

.....  
 August 1 Kirby & Tammy McCrary  
 August 3 Dick & Sue Ellen Wimbish  
 August 5 Darrin & Lisa Hartness  
 August 6 Bill & Joanna Refvem  
 August 12 Bill & Tina Johnson  
 August 19 Twyla & Roger Sickmiller  
 August 22 Mark & Deidre Rogers

## CART Program

*by Joan Inman*

With little effort and no pain we raised \$1,164.19 for the CART program from July 1, 2009 – June 30, 2010. I found this a great way to empty my pocketbook each Tuesday of all the change I tossed in there during the week. Yes Marie I'm the culprit who pitched in all manner of change, so if counting it was a burden I'm to blame.

*I miss those blue buckets.*

## AUGUST

<u>DATE</u>	<u>ROTARIAN</u>	<u>SPEAKER &amp; PROGRAM</u>
Aug 3	Alton Gaither	Club Assembly
Aug 10	Dale Watson	Celena Watson – Community Health Assessment
<b>Aug 17</b>	<b><i>District Governor Wes Patterson Visit</i></b>	
Aug 24	Betty Wright	Marian Goldwasser – Kitgum Rotary visit –Uganda
Aug 31	TBA	

# ShelterBox Haiti...six months later

Partial reprint from ShelterBox USA News – June 2010



*This Haitian family sleep secure under a ShelterBox tents but thousands of others still need our help.*

*Photograph: Mark Pearson*

ShelterBox's response to the Haiti earthquake has been the biggest, longest and most complex in the 10-year history of the international disaster relief charity.

The first ShelterBox Response Team (SRT) was mobilized 12 minutes after the earthquake struck. Now, six months later, 22,192 ShelterBoxes have

been delivered in Haiti, enough aid for more than 220,000 people. "This has been the most challenging disaster we've ever had to face. The scale of the destruction was beyond belief," said ShelterBox founder Tom Henderson.

More than 50 highly trained SRT members, from all walks of life, have now volunteered in Haiti for ShelterBox.

Tom Henderson added: "Our staff, volunteers and supporters the world over have worked tirelessly, with dedication, passion and commitment, to deliver emergency shelter and life-saving supplies to thousands of Haitian families. Wherever you look in Port-au-Prince you can see a ShelterBox tent.

"This wouldn't have been possible without the overwhelming generosity of our donors. The earthquake moved people to act, and act they have, in a way we have never witnessed before.

"During the coming months, we'll be sending another 5,000 ShelterBoxes to Haiti which will give families the safe, secure shelter they need to start rebuilding their lives."

**ShelterBox USA, 8374 Market St #203, Lakewood Ranch, FL 34202 (941) 907-6036**

## PILOT MOUNTAIN PRIDE HOMEGROWN AND GROWING STRONGER

Chris Knopf, Assistant City Manager for Economic Development & Bryan Cave, Director - NC Cooperative Extension Services began tossing around the idea of "value added agriculture" in 2003. By 2008 with a lot more thought and input a plan was coming together and in February 2010 Pilot Mountain Pride – PMP was launched. Pilot Mountain Pride provides area farmers a place to take their produce, have it graded, washed and packaged for distribution to area restaurants, grocers and institutions. Lowes Foods has 15 Stores who are participating with PMP in this new endeavor. This is not an exclusive contract with Lowes, but they have been very supportive of the facility and willing to work with PMP to get locally grown produce into the hands of local restaurants and homeowners. PMP acts as the intermediary between the farmer and the market place. The farmer receives a check from PMP within days of delivering their goods.

According to Mr. Cave, there is now some talk about how PMP and the schools can work together. One idea is to encourage farming with students whose produce would then been sent to PMP for grading. This produce could then be sent back to the school cafeterias for making school meals. This is only one idea and there will be many, many more to come.

***For more information on Pilot Mountain Pride go to these sources:***  
*sales@pilotmountainpride.com & www.pilotmountainpride.blogspot.com*

*Pictured below is Bryan Cave speaking with Rotary and answerng questions.*



# MEMBERSHIP ROSTER

ROTARIAN	SPOUSE	ROTARIAN	SPOUSE	ROTARIAN	SPOUSE
David Adkisson	Ellen	Todd Harris	Betsy	Jim Petelle	Ann
Kate Appler	Mark	Darrin Hartness	Lisa	Hugh Peoples	
Faith Ashby	Ted	John Haynes	Barbara	John Priddy	Sandra
Ted Ashby	Faith	Robin Hester	Thurman	Gene Rees	Peggy
Paul Belk	Cecelia	Derek Higgs	Mary	Bill Refvem	Joanna
Ed Bondurant		Ashley Hinson	Lynne	Joanna Refvem	Bill
Horace Bondurant	Jewel	Eric Hodges		Vera Reynolds	
Ricky Bowman	Lori	Bill Holcomb		Burke Robertson	Carolyn
Sue Brownfield	Hal	Bucky Holcomb	Kim	Mark Rogers	Deidre
Carol Burke		Joan Inman	Bill	Aaron Routh	Lee Ann
Karen Burnette	Bruce	John Jackson	Donna	Candace Sammons	Macon
Greg Cave	Lynette	David Jessup		Macon Sammons	Candace
Nelson Clark	Lisa	Alison Johnson	Alan	Brandt Scholz	Lynn
Betty Ann Collins	Martin	Amy Johnson	Bill	Frank Sells	Amanda
John Collins	Bobbie	Bill Johnson	Tina	Twyla Sickmiller	Roger
Gary Cook	MaryAnn	Dick Johnson		Steven Simpson	Maria
Peter Cook		Jim Lewis	Teresa	P.J. Snow	Joy
Ben Cooke	Lone	Teresa Lewis	Jim	Cathy Stevens	Mark
Adam Delp		Steve Lindsley	Lorie	Ann Vaughn	Tom
Charles Dugger	Shirley	Benny Lisk	Pam	Dale Watson	Celena
Cathy Eckenrod	Skip	John Lockhart	Alice	Anne Webb	Tom
Matthew Edwards	Glenda	Peter Lydens	Linda Wright	Tom Webb	Anne
Jeffery Ellis		Lenise Lynch		Jay Williams	Beth
Tom Fawcett	Mary	Greg Marshall	Lori	Jack Wilson	Marie
Fred Folger		Kirby McCrary	Tammy	Dick Wimbish	Sue Ellen
Ralph Forbes	Erika	Carla Majure	David	Marie Wood	Tycho, Jr.
Deborah Friedman		Tim Marion	Cindy	Betty Wright	Hylton
Alton Gaither	Janice	Frank Mayberry	Jerri	Doug Yarboro	
Brenda Goings		Robert Meinecke	Judy		
Marian Goldwasser	Michael	Bob Moody	Kathy		
Jim Grimes		Britta Needham	Jeff		
Steve Gross	Polly	Chris Nichols	Angie		
Ken Gulaian	Kari	Gray Parker	Sandra		
Raymond Hanna		Richard Patterson	Kaye		
Gary Harold	Vicki	Greg Perkins	Julie		

**Key:**  Past President     Board of Directors     Paul Harris Fellow

Honorary Members .....	1
Active Members.....	97
Total Membership.....	98
Paul Harris Fellow.....	79

**WEEKLY MEETINGS**  
 Tuesday, 12:10 pm  
 Cross Creek Country Club  
 1129 Greenhill Road  
 Mount Airy, NC

## MAKEUP MEETINGS

Monday.....Stuart, VA .....	Rotary Park .....	6:30 pm
Tuesday.....Winston-Salem .....	Benton Conv. Ctr.....	12:30 pm
Tuesday.....Yadkinville.....	Ace's Restaurant .....	7:30 am
Wednesday.....Yadkin-Valley.....	Fairfield Inn .....	7:45 am
Wednesday.....Surry Sunrise.....	Prime Sirloin .....	7:30 am
Wednesday.....Galax, VA .....	Prime Sirloin.....	Noon
Thursday.....Hillsville, VA .....	Shoney's Restaurant.....	Noon
Thursday.....King .....	Town & Country Rest...7:00 am	
Friday.....Reynolda .....	Winston-Salem Col.....	12:30 pm